

Why I chose health care as a career and why you should consider it.

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My road to becoming a doctor

Family

- ❖ Father – teacher
- ❖ Mother – medical secretary
- ❖ Sister – occupational therapist
- ❖ Born on Maui
- ❖ Grew up in Germany, Japan, and Mililani

High School

- ❖ Graduated from Leilehua High School (public)
 - ❖ Focused on science and math
 - ❖ Biology, Chemistry, Physics
 - ❖ Geometry, Trigonometry, Calculus
 - ❖ Most important classes: English and Typing
- ❖ Took personality test at UH and matched with “biochemist”

Work Ethic

- ❖ The most valuable lesson from my parents was that nothing good happens without hard work.
- ❖ Worked five summers in the pineapple fields during high school and college.

College

- ❖ Attended Whitman College (4 yrs) and graduated with a bachelor of arts degree
 - ❖ Major = biology
 - ❖ Minor = chemistry
- ❖ Most important lesson from college – **knowledge is power.**
- ❖ Try for the best college or university you can get into. Smart classmates and professors can teach you a lot.

Medical School

- ❖ Attended the John A. Burns School of Medicine at the University of Hawaii (4 years)
 - ❖ Decided to go into internal medicine
 - ❖ Decided against other specialties: surgery, obstetrics and gynecology, pediatrics, psychiatry, pathology, radiology.
 - ❖ There is no pay for medical students.

Residency & Fellowship (finally got paid!)

- ❖ Completed a 3 year residency in Internal Medicine at the Mayo Clinic
- ❖ Completed a 3 year residency in Gastroenterology at the Mayo Clinic

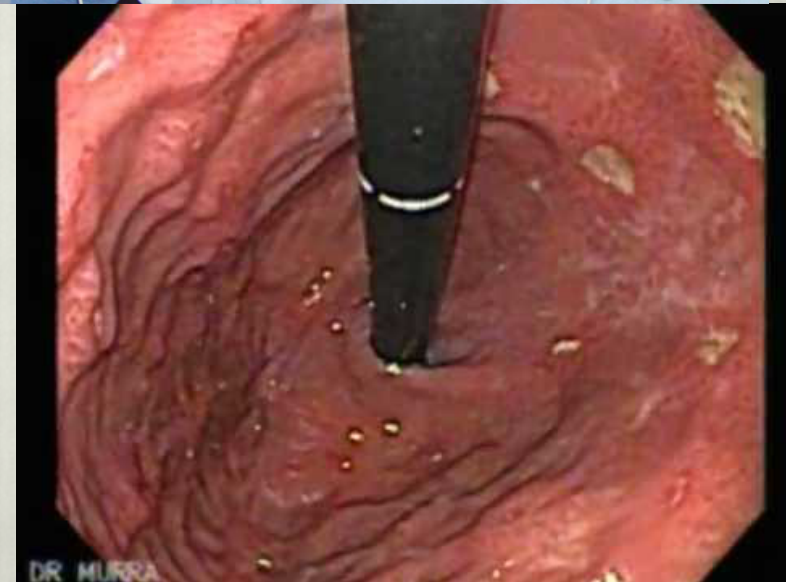
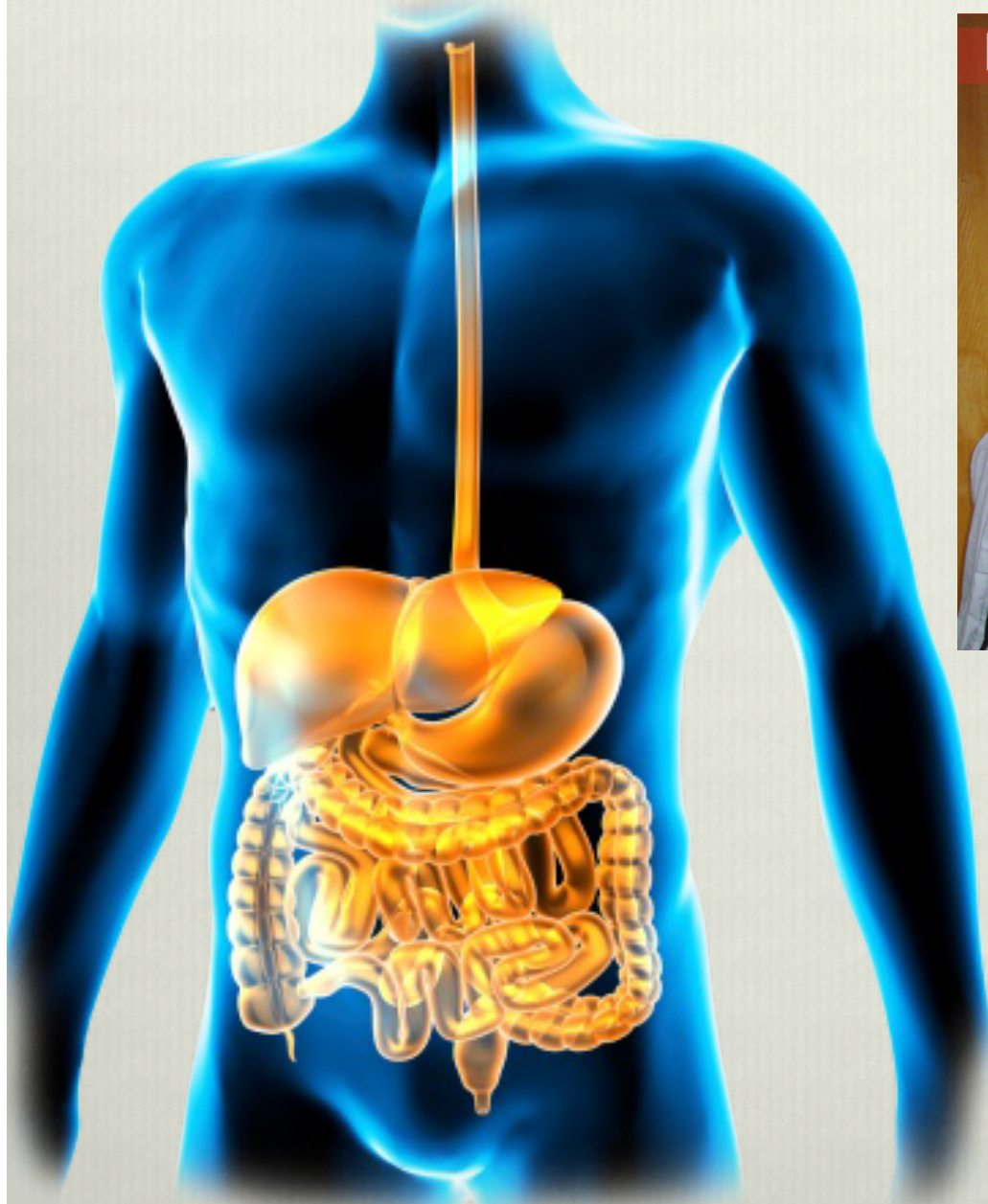
First Job



Present Job



Gastroenterology



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Best Health Care Jobs



Today our focus on preventing disease, illness and injury is just as important in the quest for good health as the necessity to diagnose, fight and treat illness. And our Best Health Care Jobs of 2015 reflect the malleable shape of the sector: There are the health care practitioners, support staff and even those in personal care like massage therapists. The Bureau of Labor Statistics predicts the most employment growth by 2022 will be among health care support jobs, such as diagnostic medical sonographers and physical therapist assistants. Read more on [how we rank the best jobs](#).

#1



Dentist

★★★★★ (4.1 out of 5)

Your dentist isn't just concerned with your teeth. He or she might also notice signs of undiagnosed diabetes, oral cancer and heart disease during a dental exam. A comfortable median salary of \$146,340 and good work-life balance have helped this intrinsic health care job secure the top spot on our best jobs list once again, and the BLS expects 23,300 new dentist jobs through the year 2022.

[Full Review](#) | [Salary Details](#) | [Available Jobs](#)

#2



Nurse Practitioner

★★★★★ (4.1 out of 5)

A nurse practitioner's array of capabilities, coupled with the fact they can work independently of physicians when treating patients, makes our No. 2 health care job an attractive career. The BLS predicts 37,100 new positions for these professionals between 2012 and 2022.

[Full Review](#) | [Salary Details](#) | [Available Jobs](#)

Why healthcare as a profession?

- ❖ Humanitarian – working for a noble cause.
- ❖ Get to work with healthcare professionals and patients. Challenging!!
- ❖ Technology is always advancing. Exciting!!
- ❖ Many jobs in healthcare – secretarial, administrative, technicians, nurses, social workers, dieticians, physical therapists, pharmacists, radiology techs, lab techs, computer techs, etc.!!